



LIVE HEALTHY IOWA 5K



SPONSORED BY



April 14, 2018

SERGEANT BLUFF

ASBURY BONDURANT BRITT CARROLL DECORAH
FAIRFIELD GRINNELL HIAWATHA MONTROSE ONAWA
PERRY RATHBUN LAKE RED OAK SERGEANT BLUFF
SIBLEY SPENCER STORY CITY WAUKEE

For site specific information, visit [LiveHealthy IOWA 5K.org](http://LiveHealthyIOWA5K.org)

5K RUN/WALK • 8 AM 1K KID'S RUN • 9 AM

T-shirt • Race Number • Finisher Medal
Post-Race Refreshments • Prizes

REGISTER TODAY

[LiveHealthy IOWA 5K.org](http://LiveHealthyIOWA5K.org)

888.777.8881

info@livehealthyiowa.org

