

LIVE HEALTHY IOWA

# 5K



SPONSORED BY



**April 14, 2018**

**GRINNELL**

ASBURY ★ BONDURANT ★ BRITT ★ CARROLL  
DECORAH ★ DIKE ★ FAIRFIELD ★ GRINNELL  
HIAWATHA ★ MONTROSE ★ ONAWA ★ PERRY  
RATHBUN LAKE ★ RED OAK ★ SERGEANT BLUFF  
SIBLEY ★ SPENCER ★ STORY CITY ★ WAUKEE

For site specific information, visit [LiveHealthyIOWA5K.org](http://LiveHealthyIOWA5K.org)

**5K RUN/WALK • 10 AM 1K KID'S RUN • 11 AM**

**T-shirt • Race Number • Finisher Medal  
Post-Race Refreshments • Prizes**

REGISTER TODAY

[LiveHealthyIOWA5K.org](http://LiveHealthyIOWA5K.org)

888.777.8881

[info@livehealthyiowa.org](mailto:info@livehealthyiowa.org)

