

2016 Live Healthy Iowa 5K - Storm Lake

| Division | | | First Name | Last Name | City | Time |
|----------|---------|--------|------------|--------------|--------------|-------|
| 5K | 20 - 29 | Male | Evan | Franzmeier | Storm Lake | 21.51 |
| 5K | 30 - 39 | Female | Alyssa | Sackett | Pierson | 24.08 |
| 5K | 30 - 39 | Female | Lacey | Anderson | Alta | 24.44 |
| 5K | 30 - 39 | Male | Ryan | Lundgren | Alta | 25.05 |
| 5K | 16 - 19 | Male | Nick | Olesen | Storm Lake | 25.25 |
| 5K | 50 - 59 | Male | Jerry | Roethlei | Larrabee | 26.12 |
| 5K | 30 - 39 | Female | Jennifer | Irvine | Spencer | 27.00 |
| 5K | 20 - 29 | Female | Cara | Pedersen | Alta | 29.36 |
| 5K | 20 - 29 | Female | Bre | Platt | Storm Lake | 29.36 |
| 5K | 40 - 49 | Female | Rebecca | Johnson | Webb | 30.16 |
| 5K | 40 - 49 | Female | Lisa | Strandberg | Cherokee | 30.20 |
| 5K | 40 - 49 | Female | Araceli | Johnson | Holstein | 30.26 |
| 5K | 30 - 39 | Female | Sara | Buettner | Webb | 30.46 |
| 5K | 20 - 29 | Female | Morgan | McNamara | Perry | 31.13 |
| 5K | 50 - 59 | Female | Viengkeo | Lai | Storm Lake | 31.59 |
| 5K | 30 - 39 | Female | Vinanna | Inthongsay | Storm lake | 32.05 |
| 5K | 30 - 39 | Female | Gretchen | Knott | Spencer | 32.09 |
| 5K | 30 - 39 | Male | Nathaniel | West | Mitchell, SD | 32.09 |
| 5K | 30 - 39 | Female | Sandra | Warren | Spencer | 32.49 |
| 5K | 40 - 49 | Female | Amy | Meyer | Alta | 33.23 |
| 5K | 30 - 39 | Female | Kristin | Anderson | Alta | 33.35 |
| 5K | 30 - 39 | Female | Crystal | Cleveland | Jewell | 36.37 |
| 5K | 30 - 39 | Male | Wade | Stoner | Peterson | 36.50 |
| 5K | 20 - 29 | Female | Kayla | Wells | Fonda | 37.16 |
| 5K | 30 - 39 | Female | Ashley | Robinson | Humboldt | 37.24 |
| 5K | 60 - 69 | Male | Jim | Anderson | Storm Lake | 38.51 |
| 5K | 20 - 29 | Female | Jess | Griggs | Storm Lake | 39.01 |
| 5K | 30 - 39 | Male | Abram | Cordell | Royal | 39.09 |
| 5K | 30 - 39 | Female | Susan | Rohan | Spencer | 40.39 |
| 5K | 50 - 59 | Female | Sue | Speers | Storm Lake | 40.52 |
| 5K | 50 - 59 | Female | Cherry | Bonrommavons | Storm Lake | 43.50 |
| 5K | 20 - 29 | Female | Jill | Manson | Galva | 47.44 |
| 5K | 50 - 59 | Female | Toni | Keller | Storm Lake | 47.44 |
| 5K | 16 - 19 | Female | Beth | Mentzer | Early | 47.46 |
| 5K | 50 - 59 | Female | Mary | Mentzer | Early | 47.47 |
| 5K | 50 - 59 | Female | Cindi | Prather | Ida Grove | 47.49 |
| 5K | 40 - 49 | Female | Kristie | Gray | Spencer | 50.09 |
| 5K | 40 - 49 | Male | Kevin | Kupka | Spencer | 50.09 |
| 5K | 30 - 39 | Female | Kristy | Gilbert | IDA GROVE | 52.31 |
| 5K | 50 - 59 | Female | Shelley | Bruning | Ida Grove | 52.58 |
| 5K | 50 - 59 | Female | Julie | Phillips | Ida Grove | 52.58 |
| 5K | 50 - 59 | Female | Cheryl | Andresen | Holstein | 54.21 |
| 5K | 50 - 59 | Female | Lorna | Steenbock | Ida Grove | 54.21 |

2016 Live Healthy Iowa 5K - Storm Lake

| Division | | | First Name | Last Name | City | Time |
|----------|---------|--------|------------|--------------|--------------|-------|
| 5K | 40 - 49 | Female | Tammy | McKeever | Spencer | 55.40 |
| 5K | 40 - 49 | Female | Aimee | Devereaux | Pomeroy | 55.41 |
| 5K | 40 - 49 | Female | Carey | Hladik | Mapleton | 58.49 |
| 5K | 50 - 59 | Female | Sandy | Bubke | Mapleton | 58.49 |
| 5K | 16 - 19 | Male | Leandro | Marin | Storm Lake | |
| 5K | 30 - 39 | Female | Bridget | Bailey | Spencer | |
| 5K | 30 - 39 | Female | Natasha | Miller | Cherokee | |
| 5K | 30 - 39 | Female | Brandy | Van Otterloo | Spencer | |
| 5K | 30 - 39 | Female | Darla | Virelli | Spencer | |
| 5K | 40 - 49 | Female | Amy | Dongweck | Cherokee | |
| 5K | 40 - 49 | Female | Lori | Huegerich | Sioux Rapids | |
| 5K | 40 - 49 | Female | Peg | Lundgren | Alta | |
| 5K | 40 - 49 | Female | Evalina | Marin | Storm Lake | |
| 5K | 40 - 49 | Female | Sherri | Nelsen | Storm Lake | |
| 5K | 40 - 49 | Male | Marlon | Gasner | Storm Lake | |
| 5K | 50 - 59 | Female | Julie | Davies | Cedar Falls | |

| | | | | | |
|----|------------|------|---------|--------------|--------------|
| 1K | 12 & Under | Coed | Bree | Anderson | Alta |
| 1K | 12 & Under | Coed | Breyer | Anderson | Alta |
| 1K | 12 & Under | Coed | Sage | Anderson | Alta |
| 1K | 12 & Under | Coed | Kaden | Cleveland | Jewell |
| 1K | 12 & Under | Coed | Grant | Irvine | Spencer |
| 1K | 12 & Under | Coed | Morgan | Irvine | Spencer |
| 1K | 12 & Under | Coed | Trent | Irvine | Spencer |
| 1K | 12 & Under | Coed | Wade | Irvine | Spencer |
| 1K | 12 & Under | Coed | Riley | Lundgren | Alta |
| 1K | 12 & Under | Coed | Parker | Pedersen | Alta |
| 1K | 12 & Under | Coed | Elsie | Peterson | Aurelia |
| 1K | 12 & Under | Coed | Nora | Peterson | Aurelia |
| 1K | 12 & Under | Coed | Owen | Van Otterloo | Spencer |
| 1K | 12 & Under | Coed | Parker | Van Otterloo | Spencer |
| 1K | 12 & Under | Coed | Wyatt | Van Otterloo | Spencer |
| 1K | 12 & Under | Coed | Brayden | Warren | Spencer |
| 1K | 12 & Under | Coed | Lily | Rohan | Spencer |
| 1K | 12 & Under | Coed | Kaden | Vester | Sioux Rapids |
| 1K | 12 & Under | Coed | Zoe | McNamara | Perry |
| 1K | 12 & Under | Coed | Keira | Sackett | Pierson |
| 1K | 12 & Under | Coed | Oliver | Sackett | Pierson |
| 1K | 12 & Under | Coed | Sawyer | Anderson | Alta |
| 1K | 12 & Under | Coed | Eli | Rieb | Alta |