

2016 Live Healthy Iowa 5K - Onawa

Division	First Name	Last Name	City	Time
5K 16 - 19 Female	Shayna	Gries	Onawa	25:36:00
5K 30 - 39 Female	Alison	Wiggs	Whiting	27:06:00
5K 30 - 39 Female	Christine	Halverson	Onawa	28:10:00
5K 30 - 39 Female	Melissa	Young	Blencoe	28:16:00
5K 50-59 Female	Roberta	Malloy	Decatur	28:40:00
5K 20 - 29 Female	Rebecca	Rens	Onawa	31:08:00
5K 20 - 29 Female	Hannah	Utman	Modale	31:09:00
5K 50 - 59 Female	Ann	Phillips	Onawa	33:02:00
5K 70 & Over Male	Marvin	Sonksen	maple ton	36:01:00
5K 70 & Over Female	Dorothy	Sonksen	Mapleton	47:27:00
5K 40-49 Female	Jen	Ruth	Onawa	51:28:00
5K 20 - 29 Female	Tasha	Lewis	Onawa	51:30:00
5K 30 - 39 Female	Erin	Hodgson	Blencoe	51:31:00
5K 50 - 59 Female	Maredith	Hodgson	Blencoe	51:32:00
5K 50 - 59 Female	Michelle	Moore	Soldier	51:34:00
5K 40 - 49 Female	Julie	Kuhlman	Moorhead	51:35:00
5K 40 - 49 Female	Tara	Rife	Mondamin	51:37:00
5K 40 - 49 Female	Brenda	Savery	Ute	54:27:00
5K 70 & Over Female	JoAnn	Elwell	Charter Oak	54:29:00
5K 50 - 59 Female	shelly	sturgill	Onawa	57:38:00
5K 40 - 49 Female	Michelle	Hanner	Onawa	57:39:00
5K 50 - 59 Female	Ruth	Utman	Modale	61:04:00
5K 60 - 69 Female	Karen	McIntosh	Modale	61:08:00

1K 12 & under Coed	Isaac	Bryan	Onawa	10:12:00
1K 12 & under Coed	William	Henner	Salix	17:36:00
1K 12 & under Coed	Ciana	Johnson	Onawa	
1K 12 & under Coed	Rylan	Johnson	Onawa	
1K 12 & Under Coed	Collin	Wiggs	Whiting	15:08
1K 12 & Under Coed	Keagan	Wiggs	Whiting	17:19