

2016 Live Healthy Iowa 5K - Garner

Division			First Name	Last Name	City	Time
5K	50 - 59	Female	Wendy	Ambroson	Leland	23:39.95
5K	50 - 59	Female	Holly	Lang	Kanawha	31:50.79
5K	50 - 59	Male	John	Lang	Kanawha	31:52.13
5K	30 - 39	Female	Natalie	Berning	Clarion	31:56.31
5K	60 - 69	Male	Ron	Ambroson	Leland	34:06.02
5K	30 - 39	Female	Jody	Horstman	Garner	34:14.70
5K	50 - 59	Male	Joseph	Cash	Rolfe	34:23.04
5K	30 - 39	Female	Laura	Studer	Britt	36:21.39
5K	40 - 49	Female	Deb	Eden	Woden	45:59.07
5K	50 - 59	Female	Dee	Kluver		45:59.96
5K	40 - 49	Female	Angie	Hobschedit	Britt	50:04.67
5K	30 - 39	Female	Mariah	Shylor		50:05.21
5K	30 - 39	Female	Erika	Johnson	Kanawha	50:27.08
5K	40 - 49	Female	Amy	Madson	Britt	50:28.10
5K	30 - 39	Female	Shannon	Boge	Klemme	56:29.15
5K	40 - 49	Female	Teresa	Wester	Klemme	56:39.06
5K	40 - 49	Female	Pamela	Crosser	Algona	57:18.40
5K	40 - 49	Female	Nina	Harbaugh	Swea City	57:18.85
5K	40 - 49	Female	Jennifer	Hampton	Britt	60:03.52
5K	30 - 39	Female	Liz	Blockhus	Klemme	60:03.53