

2016 Live Healthy Iowa 5K - Decorah

Division			First Name	Last Name	City	Time
5K	50 - 59	Male	Randy	Nordheim	Waukon	20:13
5K	50 - 59	Male	Dave	Farmer	Postville	22:01
5K	20-29	Male	Jeremy	Stenseth	Calmar	22:11
5K	30 - 39	Female	Angie	Kerndt	Decorah	23:17
5K	13 - 15	Male	Kannon	Leuenberger	Fort Atkinson	23:32
5K	30 - 39	Female	Tiffany	Dahlberg	Decorah	23:36
5K	50 - 59	Male	James	Stenseth	Calmar	23:39
5K	40 - 49	Female	Staci	Wicks	Cresco	23:41
5K	12 & Under	Male	Dylan	Hogan	Waukon	24:21:00
5K	40 - 49	Female	Wendy	Leuenberger	Fort Atkinson	24:34:00
5K	40 - 49	Male	Jeremy	Hogan	Waukon	24:51:00
5K	60 - 69	Male	Linus	Barloon	Decorah	25:19:00
5K	20 - 29	Female	Jenna	Siebrecht	Clermont	25:20:00
5K	40 - 49	Male	Jesse	Leuenberger	Decorah	25:34:00
5K	50 - 59	Female	Sue	Busta	Calmar	25:50:00
5K	30 - 39	Male	Adam	Iverson	Adel	26:03:00
5K	60 - 69	Male	Tony	Vondra	Decorah	26:41:00
5K	50 - 59	Male	Kenneth	Shatek	Cresco	27:33:00
5K	60 - 69	Male	Steve	Davis	Decorah	28:20:00
5K	20 - 29	Male	Steven	Teslow	Ossian	29:11:00
5K	12 & Under	Male	Caleb	Meyer	Decorah	29:21:00
5K	20 - 29	Female	Shana	Meyer	Decorah	29:21:00
5K	20 - 29	Male	Ben	Stenseth	Calmar	30:22:00
5K	40 - 49	Female	Terri	Holthaus	Ridgeway	30:53:00
5K	50 - 59	Male	Kirk	Jacobsen	Clermont	31:07:00
5K	40 - 49	Female	Annette	Weber	Wadena	31:07:00
5K	40 - 49	Female	Denise	Tapscott	Decorah	31:26:00
5K	30 - 39	Male	John Pete	Schnitzler	Decorah	31:49:00
5K	50 - 59	Female	Kim	Soukup	Cresco	31:56:00
5K	30 - 39	Male	James	Downing	Waukon	32:03:00
5K	30 - 39	Female	Jenny	Hager	Waukon	32:06:00
5K	30 - 39	Female	Stacey	Knox	Decorah	33:25:00
5K	30 - 39	Female	Kelly	Casterton	Decorah	34:52:00
5K	20 - 29	Female	Katie	Courtney	Decorah	34:54:00
5K	20 - 29	Female	Rebecca	Blake	Waukon	34:55:00
5K	50 - 59	Female	Jenette	Schulte	Dorchester	35:55:00
5K	30 - 39	Female	Christy	Teague	Maynard	35:57:00
5K	13 - 15	Female	Noel	Lloyd	Cresco	37:55:00
5K	40 - 49	Female	Jamie	Isaacson	Cresco	37:57:00
5K	40 - 49	Female	Kathleen	Rice	Cresco	37:59:00
5K	30 - 39	Female	Jennifer	Palmer	Waukon	38:25:00
5K	30 - 39	Female	Sarah	Snitker	Waukon	38:26:00
5K	60 - 69	Female	Nancy	Grinna	Postville	38:58:00
5K	30 - 39	Female	Julie	Archer	Decorah	40:58:00
5K	50 - 59	Female	Kathy	Fulton	Keokuk	40:59:00
5K	20 - 29	Female	Julie	Heater	Dubuque	42:28:00

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Division			First Name	Last Name	City	Time
5K	50 - 59	Female	Lori	Brockway	Postville	44:37:00
5K	20 - 29	Female	Michaela	Collins	Waukon	44:38:00
5K	40 - 49	Female	Mary	Huinker	Postville	44:38:00
5K	60 - 69	Male	Eugene	Heater	Mt. Pleasant	45:49:00
5K	40 - 49	Female	Marcia	Streif	Maynard	51:02:00
5K	20 - 29	Female	Heather	Sparrow	Fort Madison	51:44:00
5K	40 - 49	Female	Debby	Erickson	Decorah	51:53:00
5K	40 - 49	Female	Susan	Lafontant	Marion	51:54:00
5K	30 - 39	Female	Emily	Fairchild	Des Moines	54:53:00
5K	40 - 49	Female	Molly	Fairchild	Des Moines	54:54:00
5K	50 - 59	Male	Rich	Wicks	Cresco	did not run
5K	50 - 59	Male	Kevin	Dixon	Waukon	did not run

1K	12 & Under	Coed	Grace	Blikre	Decorah
1K	12 & Under	Coed	Gatlin	Dahlberg	Decorah
1K	12 & Under	Coed	Marlin	Hager	Waukon
1K	12 & Under	Coed	Seth	Lloyd	Cresco
1K	12 & Under	Coed	John Toby	Schnitzler	Decorah
1K	12 & Under	Coed	Elora	Schnitzler	Decorah
1K	12 & Under	Coed	Kamryn	Steines	Decorah
1K	12 & Under	Coed	Christopher	Streif	Maynard
1K	12 & Under	Coed	Elizabeth	Streif	Maynard
1K	12 & Under	Coed	Emma	Streif	Maynard
1K	12 & Under	Coed	Maria	Streif	Maynard