

## 2018 Live Healthy Iowa 5K - Dike

5K Division	First Name	Last Name	City	Time
5K   16 - 19   Male	Daniel	Carson	Ackley	21.58
5K   50 - 59   Male	Doug	Clark	Grundy Center	22.40
5K   40 - 49   Male	Tetsu	Oshima	Waterloo	22.54
5K   16 - 19   Female	Sarah Faith	Carson	Ackley	24.13
5K   40 - 49   Female	Liz	Winters	Jesup	25.12
5K   30 - 39   Male	David	Frisch	Independence	25.50
5K   60 & Over   Male	Timothy	Carson	Ackley	26.31
5K   50 - 59   Female	Betty	Carson	Ackley	27.32
5K   60 & Over   Female	Sharlene	Buskohl	Grundy Center	28.49
5K   20 - 29   Female	Kelli	Steinlage	Independence	29.47
5K   60 & Over   Male	Steven	Onken	Waterloo	30.29
5K   50 - 59   Female	Beth	Adams	Indianola	31.36
5K   20 - 29   Male	Randy	Haupt	Grundy Center	33.05
5K   30 - 39   Female	Sandy	Kuester	Grundy Center	33.19
5K   60 & Over   Male	James	Davies	Allison	33.37
5K   50 - 59   Female	Lori	Hunt	Dike	38.02
5K   20 - 29   Female	Erin	Gudenkauf	Ryan	38.03
5K   50 - 59   Female	Wendy	Brewer	Wellsburg	47.21
5K   20 - 29   Female	Emily	Boddicker	Grundy Center	50.28
5K   12 & Under   Male	Ian	Nielson	Waverly	50.45
5K   50 - 59   Female	Janet	Waidelich	Waverly	50.46
5K   30 - 39   Female	Greta	Nielson	Waverly	51.56
5K   12 & Under   Female	Emma	Nielson	Waverly	51.59
5K   30 - 39   Male	Adam	Nielson	Waverly	52.20