

2019 Live Healthy Iowa 5K - Ida Grove

Saturday, April 13, 2019

5K Division	First Name	Last Name	City	Time
5K 50 - 59 Male	David	Schrader	Story City	34:46
5K 50 - 59 Female	Barb	Gebbers	Holstein	37:37
5K 40 - 49 Female	Robyn	Devitt		40:54
5K 30 - 39 Female	Tara	Ruble	Holstein	43:13
5K 50 - 59 Female	Tracy	Struck	Schleswig	43:58
5K 20 - 29 Female	Shelby	Ellis	Holstein	44:15
5K 30 - 39 Female	Holly	Schmillen	Cherokee	44:15
5K 30 - 39 Female	Amber	Wilcox		47:07
5K 60 & Over Male	Joseph	Cash	Rolfe	47:41
5K 50 - 59 Female	Beth	Farley	Ida Grove	49:35
5K 40 - 49 Male	Corey	Tarr	Battle Creek	54:47
5K 30 - 39 Female	Erin	Dausel	Cushing	54:48
5K 40 - 49 Female	Sarah	Tarr	Battle Creek	54:48
5K 60 & Over Female	Cindy	Scherff	Denison	57:46
5K 60 & Over Female	Denise	Chrisholm	Ida Grove	1:02:39
5K 12 & Under Female	Rachel	Shupe	Mapleton	1:09:33
5K 50 - 59 Female	Pamela	Crosser	Algona	1:10:34
5K 50 - 59 Female	Julie A	Pedersen	Storm Lake	1:14:15
5K 20 - 29 Male	Charles	Hugo	Odebolt	1:14:16
5K 50 - 59 Female	Traci	Riessen	Battle Creek	1:15:10
5K 50 - 59 Female	Sheryl	Wonder	Ida Grove	1:15:10
5K 60 & Over Female	Cindi	Prather	Ida Grove	1:16:16
5K 50 - 59 Female	Bambi	Schrader	Story City	1:16:26
5K 30 - 39 Male	Matthew	Schrader	Mapleton	1:16:27
5K 30 - 39 Female	Chelsea	Schrader	Mapleton	1:16:28
5K 50 - 59 Female	Lisa	Christiansen	Ida Grove	1:16:40
5K 50 - 59 Female	Deanna	Shupe	Mapleton	1:25:48
5K 13 - 15 Female	Emily	Shupe	Mapleton	1:25:59
5K 40 - 49 Female	Melissa	Lantz	Ida Grove	1:26:08

1K Division	First Name	Last Name	City
1K 12 & Under Coed	Schalee	Schrader	Mapleton
1K 12 & Under Coed	Lydia	Shupe	Mapleton
1K 12 & Under Coed	Benjamin	Shupe	Mapleton