

## 2019 Live Healthy Iowa 5K - Carroll

Saturday April 13th, 2019

5K Divisions	First Name	Last Name	City	Time
5K   40 - 49   Male	Matt	Rasmussen	Denison	19:36:00
5K   20 - 29   Female	Stephanie	Puhrmann	Lake View	22:34:00
5K   13 - 15   Female	Emma	Schroeder	Lake View	23:20:00
5K   20 - 29   Female	Trama	Vetter	Westside	24:57:00
5K   30 - 39   Male	Adam	Pawletzki	Carroll	25:10:00
5K   30 - 39   Female	Becky	Schroeder	Carroll	25:18:00
5K   16 - 19   Male	Isaac	Meyers	Carroll	25:25:00
5K   12 & Under   Male	Kaden	Kraul	Carroll	25:37:00
5K   30 - 39   Male	Angelo	Luis	Carroll	26:01:00
5K   20 - 29   Female	Katie	Nelson	Glidden	26:08:00
5K   13 - 15   Male	Maximilian	Meyers	Carroll	26:32:00
5K   30 - 39   Male	David	Wolf	Scranton	26:57:00
5K   60 & Over   Female	Cynthia	Lehrkamp	Carroll	27:09:00
5K   30 - 39   Male	Chris	Russ	Des Moines	28:10:00
5K   20 - 29   Male	Andy	Dickes	Glidden	28:58:00
5K   50 - 59   Female	Carolyn	Gehling	Denison	28:59:00
5K   16 - 19   Female	Sarah	Auen	Carroll	29:26:00
5K   40 - 49   Female	Krissi	Auen	Carroll	29:45:00
5K   30 - 39   Female	Paige	Thompson	Jefferson	29:57:00
5K   12 & Under   Female	Lily	Schechinger	Carroll	30:02:00
5K   16 - 19   Female	Mikayla	Riesberg	Templeton	30:04:00
5K   20 - 29   Female	Megan	Buman	Scranton	30:36:00
5K   50 - 59   Female	Patti	Ryan	Denison	30:38:00
5K   20 - 29   Female	Ashten	Pottebaum	Arcadia	30:54:00
5K   40 - 49   Female	Emily	Loew	Carroll	31:13:00
5K   60 & Over   Female	Marilyn	Davie	Denison	31:18:00
5K   13 - 15   Female	Vivian	Meyers	Carroll	31:30:00
5K   30 - 39   Female	Jessica	Daniel	Lake City	31:51:00
5K   30 - 39   Female	Valerie	Riesberg	Templeton	32:08:00
5K   20 - 29   Female	Jodie	Guddall	Carroll	32:18:00
5K   20 - 29   Female	Karmen	Dickes	Glidden	32:39:00
5K   20 - 29   Female	Kelsey	Wagner	Carroll	32:49:00
5K   20 - 29   Male	Brendan	Hageman	Omaha	33:17:00
5K   40 - 49   Female	Dodi	Weber	Glidden	33:35:00
5K   20 - 29   Female	Taylor	Boyle	Carroll	34:37:00
5K   50 - 59   Female	Joan	Bennett	Carroll	34:42:00
5K   50 - 59   Female	Natalie	Lange	Audubon	34:45:00
5K   20 - 29   Female	Kimberly	Preston	Carroll	35:03:00
5K   50 - 59   Female	Mary	Spreng	Arion	35:45:00
5K   60 & Over   Female	Jane	Thompson	Dumont	36:10:00
5K   12 & Under   Male	Timothy	Meyers	Carroll	36:14:00
5K   12 & Under   Male	Ray	Schechinger	Carroll	36:24:00
5K   40 - 49   Male	Jeremy	Schechinger	Carroll	36:39:00
5K   60 & Over   Female	Chris	Beattie	Glidden	36:43:00
5K   12 & Under   Male	Louis	Meyers	Carroll	37:30:00
5K   40 - 49   Female	Carrie	Meyers	Carroll	37:41:00

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<b>5K Divisions (continued)</b>	<b>First Name</b>	<b>Last Name</b>	<b>City</b>	<b>Time</b>
5K   60 & Over   Female	Joan	Bauer	Audubon	37:59:00
5K   60 & Over   Female	Carol	Seehusen	Allison	39:52:00
5K   20 - 29   Female	Melissa	Pietig	Carroll	39:58:00
5K   30 - 39   Male	Joshua	Sanders	Carroll	40:43:00
5K   12 & Under   Female	Aubrey	Prichard	Carroll	40:51:00
5K   40 - 49   Female	Wendy	Mescher	Carroll	41:33:00
5K   40 - 49   Female	Shauna	Bedard	Lake City	42:27:00
5K   40 - 49   Female	Tina	Schechinger	Carroll	42:37:00
5K   40 - 49   Female	Michelle	Prichard	Carroll	43:27:00
5K   40 - 49   Female	Julie	Chumbley	Halbur	44:07:00
5K   50 - 59   Female	Bonnie	Teut	Schleswig	45:42:00
5K   50 - 59   Female	Melissa	Schultes	Dedham	45:44:00
5K   50 - 59   Male	Bill	Schultes	Dedham	45:45:00
5K   12 & Under   Female	Amelia	Klocke	Manning	45:46:00
5K   30 - 39   Female	Ashley	Klocke	Manning	48:53:00
5K   50 - 59   Female	Brenda	Gengler	Le Mars	48:58:00
5K   30 - 39   Female	Julie	Von Glan	Westside	49:02:00
5K   60 & Over   Female	Debra	Vogl	Arcadia	49:03:00
5K   12 & Under   Male	Mason	Dunn	Carroll	49:05:00
5K   40 - 49   Male	Jerry	Dunn	Carroll	49:06:00
5K   40 - 49   Female	Sonya	Dunn	Carroll	49:07:00
5K   30 - 39   Female	Kendra	Peterson	Carroll	50:41:00
5K   20 - 29   Female	Christine	Pottebaum	Carroll	52:33:00
5K   50 - 59   Female	Nancy	Croghan	Manilla	52:44:00
5K   60 & Over   Female	Kathleen	Snyder	Breda	52:45:00
5K   50 - 59   Female	Margaret	Gruba	Arcadia	52:46:00
5K   30 - 39   Female	Katherine	Decker	Carroll	54:11:00
5K   40 - 49   Female	Christine	Rogers	Carroll	54:23:00
5K   40 - 49   Female	Christina	Siebert	Breda	54:24:00
5K   40 - 49   Female	Jennifer	Snyder	Lohrville	54:35:00
5K   40 - 49   Female	Dawn	Clark	Lake City	54:37:00
5K   60 & Over   Female	Joyce	Ferneding	Manning	54:47:00
5K   30 - 39   Female	Alison	Schroeder	Carroll	54:52:00
5K   50 - 59   Female	Marcia	Schaefer	Carroll	54:53:00
5K   50 - 59   Male	Chuck	Matthews	Harlan	57:10:00
5K   50 - 59   Female	Cindy	Matthews	Harlan	57:11:00
5K   50 - 59   Female	Jane	Pottebaum	Carroll	57:18:00
5K   30 - 39   Female	Sumer	Hallgren	Carroll	57:52:00
5K   40 - 49   Female	Stephanie	Nissen	Audubon	57:54:00

<b>1K Divisions</b>	<b>First Name</b>	<b>Last Name</b>	<b>City</b>
1K   12 & Under   Coed	Brody	Betts	Carroll
1K   12 & Under   Coed	Jillian	Chumbley	Halbur
1K   12 & Under   Coed	Gavin	Decker	Carroll
1K   12 & Under   Coed	Nora	Nelson	Glidden

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<b>1K Divisions (continued)</b>	<b>First Name</b>	<b>Last Name</b>	<b>City</b>
1K   12 & Under   Coed	Axel	Neumann	Denison
1K   12 & Under   Coed	Emmett	Reischl	Manning
1K   12 & Under   Coed	Wesley	Reischl	Manning
1K   12 & Under   Coed	Callen	Schechinger	Carroll
1K   12 & Under   Coed	Sadie	Shelton	Carroll
1K   12 & Under   Coed	Presley	Shelton	Carroll
1K   12 & Under   Coed	Cyler	Thelen	Carroll
1K   12 & Under   Coed	Owen	Vogl	Carroll
1K   12 & Under   Coed	Aden	Vogl	Carroll
1K   12 & Under   Coed	Jadon	Wolf	Scranton