

2018 Live Healthy Iowa 5K - Carroll

Saturday, April 21, 2018

Sub Event	First Name	Last Name	City	Time
5K 40 - 49 Male	Matt	Rasmussen	Denison	20.06
5K 30 - 39 Male	Nick	Kirsch	Carroll	22.32
5K 30 - 39 Male	Angelo	Luis	Carroll	26.24
5K 13 - 15 Female	Alexia	Nelson	Glidden	27.08
5K 50 - 59 Female	Cynthia	Lehrkamp	Carroll	27.40
5K 30 - 39 Female	Megan	Kelly	Audubon	28.37
5K 40 - 49 Male	Bryan	Jimmerson	Carroll	28.40
5K 30 - 39 Male	Sergio	Diaz	Albert lea	28.42
5K 30 - 39 Female	Elizabeth	Brittan	Audubon	28.51
5K 40 - 49 Female	Kerri	Ladehoff	Templeton	29.01
5K 50 - 59 Female	Anne	Neumann	Denison	29.02
5K 30 - 39 Female	Katie	Lahr	Carroll	29.03
5K 50 - 59 Female	carolyn	gehling	Denison	29.40
5K 40 - 49 Female	Emily	Loew	Carroll	29.41
5K 40 - 49 Male	Kevin	Brincks	Carroll	30.22
5K 40 - 49 Male	Todd	Long	Carroll	30.33
5K 20 - 29 Male	Chris	Reischl	Manning	30.46
5K 30 - 39 Male	Wesley	Sitienei	Marshall	31.31
5K 50 - 59 Female	Patti	Ryan	Denison	32.23
5K 60 - 69 Female	Michelle	Witte	Lake View	33.12
5K 50 - 59 Female	Natalie	Lange	Audubon	33.58
5K 20 - 29 Female	Cari	Vonnahme	Templeton	33.58
5K 30 - 39 Female	Becky	Cherop	Little Canada, MN	35.06
5K 30 - 39 Female	Delia	Marroquin	Carroll	36.19
5K 30 - 39 Female	Angela	Bandow	Manilla	36.23
5K 50 - 59 Female	Leslie	Gustafson	Kiron	36.26
5K 40 - 49 Male	Logan	Nehman	Fonda	36.36
5K 50 - 59 Female	Deb	Fender	Manilla	36.50
5K 12 & Under Male	Logan	Menken	Carroll	39.09
5K 30 - 39 Female	Rachel	Menken	Carroll	39.09
5K 20 - 29 Female	Megan	Reischl	Manning	40.02
5K 20 - 29 Female	Maria	Perez	Glidden	40.24
5K 30 - 39 Female	Yadira	Perez	Rippey	40.25
5K 40 - 49 Female	Shawna	Bedard	Lake City	40.59
5K 50 - 59 Female	Susan	Blanchard	Carroll	41.12
5K 50 - 59 Female	Lisa	Greve	Arcadia	42.25
5K 50 - 59 Female	Renee	Grimsmann	Carroll	42.26
5K 20 - 29 Female	Rosalinda	Diaz	albert lea	42.52
5K 50 - 59 Female	Nancy	Croghan	Manilla	43.01
5K 40 - 49 Female	Julie	Chumbley	Halbur	45.35
5K 50 - 59 Female	Vicki	Laughlin	Denison	45.36
5K 20 - 29 Female	Kalie	Gaines	Denison	47.11
5K 20 - 29 Female	Jessica	Cornelius	Lake City	47.12

5K 50 - 59 Female	Melissa	Schultes	Dedham	47.13
5K 30 - 39 Female	Michelle	Prichard	Carroll	47.30
5K 50 - 59 Male	Bill	Schultes	Dedham	47.31
5K 12 & Under Female	Brooke	Booth	Manning	47.32
5K 40 - 49 Female	Beth	Booth	Manning	49.32
5K 50 - 59 Female	Sonia	Nulle	Manning	49.33
5K 20 - 29 Female	Rachel	Nulle	West Des Moines	50.52
5K 30 - 39 Female	Alison	Schroeder	Carroll	52.59
5K 30 - 39 Female	Becky	Schroeder	Carroll	52.59
5K 30 - 39 Female	Rachel	Wieland	Carroll	54.52
5K 30 - 39 Female	Jenifer	Diedericks	Audubon	54.56
5K 50 - 59 Female	carol	snyder	Breda	55.08
5K 60 & Over Female	Kathleen	Snyder	Breda	55.09
5K 50 - 59 Male	Marty	Snyder	Breda	55.10
5K 20 - 29 Female	Tristin	Willison	Carroll	58.45
5K 20 - 29 Female	Katie	Mengwasser	Carroll	58.47
5K 20 - 29 Female	Sara	Verrips	Carroll	58.51
5K 50 - 59 Female	Tina	Huck	Carroll	59.22
5K 50 - 59 Female	Tami	Moeller	Lake View	59.22
5K 20 - 29 Female	Kenadee	Fellows	Carroll	1:10.36
5K 20 - 29 Female	Elexus	Walker	Carroll	1:11.16
5K 20 - 29 Female	Donna	Garriott	Carroll	1:11.35
5K 50 - 59 Female	Marcia	Schaefer	Carroll	1:11.37