

2017 Live Healthy Iowa 5K - Waukee

5K Division	First Name	Last Name	City	Time
5K 30 - 39 Male	Justin	Ellis	West Des Moines	19:51
5K 40 - 49 Female	Chasity	Heins	Waukee	21:13
5K 16 - 19 Male	Tyler	Potter	West Des Moines	21:25
5K 30 - 39 Female	Kristi	York	West Des Moines	22:05
5K 50 - 59 Male	Brian	Wenger	Waukee	22:38
5K 20 - 29 Male	Nick	Clancy	Des Moines	23:40
5K 40 - 49 Male	Doug	Campbell	Urbandale	23:45
5K 13 - 15 Female	Darci	Wiseman	Winterset	24:03:00
5K 13 - 15 Male	Ben	Tope	Waukee	24:17:00
5K 12 & Under Male	Zach	Tope	Waukee	24:57:00
5K 30 - 39 Female	Brenda	Sanchez	West Des Moines	25:37:00
5K 50 - 59 Male	Kurt	Hantelmann	Altoona	26:35:00
5K 40 - 49 Female	Laura	Johnson	Norwalk	26:45:00
5K 40 - 49 Female	Kari	Dorrian	Grimes	27:12:00
5K 30 - 39 Female	Emily	Henning	Urbandale	27:20:00
5K 30 - 39 Female	Nancy	Ferreyro	Waukee	27:22:00
5K 30 - 39 Female	Stephanie	Hammond	Des Moines	27:37:00
5K 12 & Under Male	Wyatt	Hamaker	Van Wert	27:56:00
5K 30 - 39 Female	Stephanie	Jorgensen	West Des Moines	27:58:00
5K 12 & Under Male	Sean	Harrison	Waukee	28:27:00
5K 20 - 29 Female	Monica	Logan	Des Moines	28:36:00
5K 30 - 39 Male	Robert	Greedy	Des Moines	28:55:00
5K 20 - 29 Male	Michael	Logan	Des Moines	28:56:00
5K 30 - 39 Female	Tessa	Cantonwine	Urbandale	29:04:00
5K 20 - 29 Female	Abbie	Duis	Des Moines	29:06:00
5K 30 - 39 Female	Michelle	Rosel	Waukee	29:54:00
5K 12 & Under Female	Madison	DeWitt	Waukee	30:38:00
5K 40 - 49 Female	Tina	DeWitt	Waukee	30:38:00
5K 50 - 59 Female	Kathy	Hull	Clive	30:51:00
5K 40 - 49 Female	Amanda	Skeffington	Des Moines	30:52:00
5K 40 - 49 Female	Angela	Dante	Urbandale	30:57:00
5K 50 - 59 Male	Wayne	Page	Waukee	30:58:00
5K 30 - 39 Female	Alisha	Schnoor	Urbandale	30:59:00
5K 40 - 49 Female	Julianne	Coddington	Adel	31:49:00
5K 20 - 29 Female	Lacey	Olson	Johnston	31:59:00
5K 20 - 29 Female	Christine	Shillington	Waukee	32:15:00
5K 30 - 39 Female	Stacey	Essary	West Des Moines	32:23:00
5K 40 - 49 Male	David	Scott	Clive	32:26:00
5K 30 - 39 Female	Kayt	Gabrielson	Waukee	32:37:00
5K 20 - 29 Female	Alicia	Farrington	Des Moines	32:43:00
5K 30 - 39 Male	Saravanan	Rangarajan	Waukee	32:57:00
5K 30 - 39 Female	Ashley	Hubler	Waukee	33:15:00
5K 50 - 59 Female	Judi	Hamaker	Van Wert	33:17:00
5K 12 & Under Female	Maya	Worley	Grimes	33:24:00
5K 30 - 39 Female	Rose	Hodgson	West Des Moines	34:10:00

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5K Division	First Name	Last Name	City	Time
5K 30 - 39 Female	Abby	Jones	Urbandale	34:35:00
5K 30 - 39 Female	Stephanie	Greene	Waukee	35:00:00
5K 50 - 59 Female	Chris	Kanselaar	Centerville	35:03:00
5K 40 - 49 Female	Susan	Hammen	Waukee	35:17:00
5K 20 - 29 Male	Evan	Zepp	Grimes	35:19:00
5K 20 - 29 Female	Abby	Overton	Norwalk	36:11:00
5K 40 - 49 Female	Kristin	Larsen	Clive	36:29:00
5K 40 - 49 Female	Kimberly	Hunt	Waukee	36:52:00
5K 60 & Over Female	Mary	Davis	West Des Moines	36:58:00
5K 50 - 59 Female	Leighann	LaRocca	Clive	37:44:00
5K 16 - 19 Female	Kayla	Vandekieft	Grimes	37:45:00
5K 20 - 29 Female	Lindsey	Vandekieft	Grimes	37:45:00
5K 50 - 59 Female	Lila	Starr	Clive	37:45:00
5K 50 - 59 Male	Patrick	Hammen	Waukee	38:26:00
5K 30 - 39 Female	Deanne	Berg	Indianola	39:04:00
5K 60 & Over Male	John	Speck	Urbandale	39:51:00
5K 50 - 59 Female	Ida	Dominguez	Johnston	40:10:00
5K 30 - 39 Female	Geetha	Nagarajan	West des moines	41:12:00
5K 50 - 59 Female	Sandy	Kordick	Cumming	41:17:00
5K 40 - 49 Female	Stacie	Tigges	Waukee	41:19:00
5K 60 & Over Female	Linda	Opheim	Fort Dodge	43:05:00
5K 40 - 49 Male	Mat	Hackett	Waukee	43:10:00
5K 40 - 49 Male	Jeff	Garrison	Urbandale	43:13:00
5K 60 & Over Male	Larry	Pickering	West Des Moines	43:15:00
5K 30 - 39 Female	Sally	Worley	Grimes	43:41:00
5K 50 - 59 Female	Jane	Speck	Urbandale	44:28:00
5K 50 - 59 Female	Theresa	Elgin	Adair	45:20:00
5K 50 - 59 Male	Les	Elgin	Adair	45:20:00
5K 40 - 49 Female	Jana	Linthicum	Grimes	45:56:00
5K 30 - 39 Female	Christina	Wermager	Waukee	46:00:00
5K 40 - 49 Female	Paula	Vandekieft	Grimes	46:00:00
5K 50 - 59 Female	Pat	Stoffel	Norwalk	46:00:00
5K 30 - 39 Male	Linga Tarakeshwar	Reddy	West Des Moines	47:11:00
5K 40 - 49 Female	Heather	Jones	Ottumwa	47:24:00
5K 20 - 29 Male	Jakob	Gardiner	Ottumwa	47:26:00
5K 40 - 49 Male	Mark	Harrison	Waukee	47:36:00
5K 30 - 39 Female	Latress	Harrison	Waukee	47:37:00
5K 40 - 49 Female	Susan	Brennan	Waukee	47:53:00
5K 50 - 59 Female	Laura	Larkin	Adel	48:41:00
5K 30 - 39 Female	Kathy	Warren	Des Moines	48:57:00
5K 40 - 49 Female	Danita	Heath	DeSoto	49:27:00
5K 40 - 49 Female	Juanita	Gilley	Grand Junction	49:27:00
5K 40 - 49 Female	Diane	Crooks	West Des Moines	49:38:00
5K 60 & Over Female	Connie	Warren	Johnston	50:22:00
5K 50 - 59 Female	Ramona	Kirsch	Urbandale	51:30:00

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5K Division	First Name	Last Name	City	Time
5K 30 - 39 Female	Heather	Showers	Gowrie	52:08:00
5K 30 - 39 Female	Katherine	Gross	Fort Dodge	52:10:00
5K 20 - 29 Female	Jennifer	Wiles	Ankeny	52:11:00
5K 30 - 39 Female	Divya	Gopalakrishnan	West Des Moines	52:16:00
5K 60 & Over Female	carol	weddell	West Des Moines	52:17:00
5K 60 & Over Female	Christine	Stevenson	Johnston	52:26:00
5K 20 - 29 Female	Jessica	Kiburz	West Des Moines	52:31:00
5K 50 - 59 Female	Kelly	Kiburz	West Des Moines	52:31:00
5K 50 - 59 Female	Lori	McClannahan	West Des Moines	54:51:00
5K 50 - 59 Female	Connie	Toyne	Ankeny	54:52:00
5K 50 - 59 Female	Lori	Smith	West Des Moines	55:12:00
5K 50 - 59 Female	marilyn	hanson	West Des Moines	55:12:00
5K 50 - 59 Female	Kristine	Houston	Urbandale	55:13:00
5K 50 - 59 Female	Sheryl	Houston	Urbandale	55:13:00
5K 50 - 59 Female	Anne	Comer	Urbandale	56:51:00
5K 40 - 49 Female	Michelle	Lockhart	De Soto	58:05:00
5K 40 - 49 Female	Rebecca	Boston	Waukee	58:05:00
5K 20 - 29 Female	Casey	Ortiz	Des Moines	58:43:00
5K 30 - 39 Female	Lindsay	Bennett	Urbandale	58:45:00
5K 30 - 39 Female	Megan	Thibodeau	Des Moines	58:45:00
5K 60 & Over Female	Kate	Bielenberg	Clive	58:48:00
5K 60 & Over Male	Edwin	Freese	Adel	59:00:00
5K 50 - 59 Female	Dora	Stevens	Urbandale	59:02:00
5K 50 - 59 Female	Danita	Blessing	Urbandale	59:09:00
5K 20 - 29 Female	Arlet	Perez	Des Moines	59:13:00
5K 20 - 29 Female	Christa	Moore	Des Moines	59:16:00
5K 40 - 49 Female	Venice	Wolf	Pleasant Hill	103:04:00
5K 50 - 59 Female	Laurie	Zimmerman	West Des Moines	103:05:00
5K 50 - 59 Female	Sherri	Schmitt	Urbandale	103:07:00
5K 60 & Over Female	Cristina	Helmer	Marshalltown	108:43:00
5K 60 & Over Female	Cynthia	Nielsen	Waukee	108:43:00
5K 60 & Over Female	Janet	Feeese	Adel	108:51:00
5K 30 - 39 Female	Sarah	Kroemer	Mason City	109:05:00

1K Division	First Name	Last Name	City
1K 12 & Under Coed	Caleb	Briggs	Waukee
1K 12 & Under Coed	Calvin	Briggs	Waukee
1K 12 & Under Coed	Molly	Campbell	Urbandale
1K 12 & Under Coed	Nora	Campbell	Urbandale
1K 12 & Under Coed	Andrea	Cardenas	Waukee
1K 12 & Under Coed	Audrey	Damitz	Waukee
1K 12 & Under Coed	Cooper	DeWitt	Waukee
1K 12 & Under Coed	Kalynn	DeWitt	Waukee
1K 12 & Under Coed	Eli	Dobbs	Urbandale
1K 12 & Under Coed	Elizabeth	Funaro	Waukee

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1K Division	First Name	Last Name	City
1K 12 & Under Coed	Francesca	Funaro	Waukee
1K 12 & Under Coed	Piper	Henning	Urbandale
1K 12 & Under Coed	Kale	Jermier	Waukee
1K 12 & Under Coed	Jenna	Jorgensen	West Des Moines
1K 12 & Under Coed	Ila	Nelson	Grimes
1K 12 & Under Coed	Hannah	OConner	West Des Moines
1K 12 & Under Coed	Brendon	O'Conner	West Des Moines
1K 12 & Under Coed	Bryce	Parker	Waukee
1K 12 & Under Coed	Allison	Pettitt	Urbandale
1K 12 & Under Coed	Hannah	Pettitt	Urbandale
1K 12 & Under Coed	Lindsay	Rosel	Waukee
1K 12 & Under Coed	Ryan	Rosel	Waukee
1K 12 & Under Coed	Addison	Sell	Waukee
1K 12 & Under Coed	ADITYANARAYAN	SV	Waukee
1K 12 & Under Coed	Arlo	Warren	Des Moines