

2017 Live Healthy Iowa 5K - Montrose

5K Division	First Name	Last Name	City	Times
5K 30 - 39 Male	Matt	Bowen	West Burlington	23.3
5K 30 - 39 Male	Chase	Newton	Keokuk	23.44
5K 20 - 29 Male	Thomas	Klann		24.59
5K 13 - 15 Female	Amanda	Gilpin	Montrose	25
5K 30 - 39 Male	Brent	Woodbury		25.59
5K 50 - 59 Male	Lane	Weirather		27.14
5K 60 & Over Female	Mary	Whitcomb	Fort Madison	29.11
5K 20 - 29 Female	Channing	Ireland	Wever	29.45
5K 20 - 29 Female	Tabithia	Gatlin	Mediapolis	30.04
5K 40 - 49 Female	Tamara	Nunez	Burlington	30.11
5K 40 - 49 Female	Amy	Merschman		31.08
5K 20 - 29 Female	Grace	Williams	Keokuk	31.19
5K 30 - 39 Female	Nataline	Sterns		31.19
5K 60 & Over Female	Gariann	Mickelson	Argyle	31.58
5K 50 - 59 Female	Leslie	Hawkins	Montrose	32.19
5K 40 - 49 Female	Kim	Mabeus	Wever	32.25
5K 60 & Over Female	Anne	Pietscher	Keokuk	33.12
5K 30 - 39 Female	Bobbi	Einnert		35.14
5K 20 - 29 Female	Jacqueline	Boltz		35.15
5K 50 - 59 Female	Patty	Martin	Montrose	36.08
5K 30 - 39 Male	David	Helenthal	Keokuk	36.26
5K 60 & Over Female	Vickie	Maag	Warsaw	37.45
5K 20 - 29 Female	Rebekah	Hodgson	Hamilton	38.24
5K 20 - 29 Female	Kayla	Bouska		38.57
5K 13 - 15 Female	Mandy	Helenthal	Keokuk	39.02
5K 20 - 29 Female	Sara	Helenthal	Keokuk	40.54
5K 30 - 39 Female	Katelin	Essing	Donnellson	40.56
5K 60 & Over Female	Rose	Jennings	Donnellson	40.57
5K 50 - 59 Female	Angela	Budnik	Donnellson	40.58
5K 50 - 59 Female	Nikki	Sugars	Fort Madison	41.22
5K 50 - 59 Female	Julie	Hays	Keokuk	41.58
5K 20 - 29 Female	Caitlyn	Winkler	Iowa City	43.02
5K 50 - 59 Female	Nadine	Weirather		43.12
5K 30 - 39 Female	Sara	Newton	Keokuk	43.18
5K 30 - 39 Female	Patricia	Rippenkroeger	Montrose	43.37
5K 20 - 29 Female	Lisa	Mayer	Burlington	45.13
5K 20 - 29 Female	Barbie	Oberlander	Burlington	45.14
5K 60 & Over Female	Sherry	Stice	Keokuk	45.52
5K 13 - 15 Female	Faith	Snyder	Keokuk	45.58
5K 30 - 39 Female	Leslie	Schulte	Keokuk	47.04
5K 40 - 49 Male	Shannon	St. Clair		47.28
5K 30 - 39 Female	Darcie	Uhlmeier	Montrose	49.59
5K 60 & Over Female	Terri	Reid	Montrose	50
5K 40 - 49 Female	Julie	Yurko	Hamilton	50.01
5K 40 - 49 Male	Joe	Yurko	Hamilton	50.02

2017 Live Healthy Iowa 5K - Montrose

5K Division	First Name	Last Name	City	Times
5K 30 - 39 Female	Stacie	Payne	Carthage	50.16
5K 30 - 39 Female	Lacey	Greenwald	Keokuk	50.23
5K 30 - 39 Female	Leann	Svejda	Keokuk	52.3
5K 40 - 49 Female	Patrick	Pam	Fort Madison	52.31
5K 30 - 39 Female	sarah	pohlpeter	Fort Madison	52.38
5K 20 - 29 Female	Susan	Jefferies	Fort Madison	52.4
5K 30 - 39 Female	Melissa	Plate	Keokuk	53
5K 20 - 29 Female	Megan	Maag	Montrose	53.04
5K 20 - 29 Female	Kim	Ludwig	Keokuk	53.1
5K 40 - 49 Female	Kris	Reed	Hamilton	53.13
5K 20 - 29 Female	Alex	Seay	Keokuk	53.13
5K 40 - 49 Female	Beth	Morris	Hamilton	53.16
5K 60 & Over Female	Cindy	Runge	Keokuk	53.16
5K 60 & Over Male	Richard	Runge	Keokuk	55.4
5K 40 - 49 Female	Shane	Boltz	Keokuk	55.41
5K 30 - 39 Female	Jessi	Woods	Warsaw	55.45
5K 30 - 39 Female	Jessica	Scheers	Keokuk	55.48
5K 50 - 59 Female	Gail	Cale	Argyle	58.45
5K 50 - 59 Female	Judy	Avery		58.46

1K Division	First Name	Last Name	City
1K 12 & Under Coed	Emma	Cole	Keokuk
1K 12 & Under Coed	Kylie	Helenthal	Keokuk
1K 12 & Under Coed	Macy	Mullins	Montrose
1K 12 & Under Coed	Maggie	Mullins	Montrose
1K 12 & Under Coed	Caedon	Newton	Keokuk
1K 12 & Under Coed	Drake	Newton	Keokuk
1K 12 & Under Coed	mason	pohleter	Fort Madison
1K 12 & Under Coed	Madison	Pohlpeter	Fort Madison
1K 12 & Under Coed	Clark	Schulte	Keokuk
1K 12 & Under Coed	Orion	St Clair	Montrose