

2017 Live Healthy Iowa 5K - Dike

5K Division	First Name	Last Name	City	Time
5K 20 - 29 Female	Taylor	Peterson	Ames	20:16
5K 16 - 19 Male	Daniel	Carson	Ackley	21:52
5K 30 - 39 Female	Casey	Huber	Waverly	21:52
5K 50 - 59 Male	Stephen	Feld	Marshalltown	21:55
5K 50 - 59 Male	Doug	Clark	Grundy Center	22:06
5K 12 & Under Male	Drew	Eilers	Reinbeck	22:14
5K 13 - 15 Female	Sarah Faith	Carson	Ackley	22:29
5K 50 - 59 Male	Mark	Zimmer	Independence	22:41
5K 50 - 59 Male	Greg	Johnson	Waterloo	23:04
5K 30 - 39 Male	Kyle	Kramer	Parkersburg	23:06
5K 30 - 39 Female	Liz	Winter	Jesup	24:26
5K 60 & Over Male	Tim	Carson	Ackley	25:06
5K 40 - 49 Female	Betty	Carson	Ackley	25:19
5K 20 - 29 Female	Britney	Kramer	Parkersburg	25:33
5K 20 - 29 Male	Justin	Berning	Waterloo	25:50
5K 60 & Over Male	Gene	Dahlen	Waterloo	26:08
5K 60 & Over Male	Jerry	Brown	Evansdale	26:46
5K 40 - 49 Female	Lisa	Senne	Independence	27:08
5K 60 & Over Female	Sharlene	Buskohl	Grundy Center	28:04
5K 60 & Over Male	Nick	Meier	La Porte City	28:22
1K 12 & Under Coed	Kainen	Benedict	Waterloo	28:33
5K 30 - 39 Female	Blair	Voigt	Waterloo	28:34
5K 30 - 39 Female	Andrea	Magee	Waterloo	28:41
5K 60 & Over Female	Nancy	Meier	La Porte City	29:14
5K 30 - 39 Female	Stacy	Ascher	Parkersburg	30:07
5K 60 & Over Male	James	Davies	Allison	30:13
5K 40 - 49 Female	Kathy	Staudinger	Waterloo	33:02
5K 50 - 59 Female	Deb	Prier	Aplington	33:36
5K 60 & Over Female	Suzanne	Brown	Evansdale	34:37
5K 40 - 49 Female	Lezlie	Bowers	Waterloo	34:56
5K 40 - 49 Female	Jennifer	Meyers	Grundy Center	35:08
5K 50 - 59 Female	Deb	Johnson	Gladbrook	35:44
5K 30 - 39 Female	Mindy	Gilroy	Cedar Falls	38:38
5K 30 - 39 Male	Tim	Gilroy	Cedar Falls	38:39
5K 30 - 39 Female	Nicole	Brandhorst	Grundy Center	39:06
5K 20 - 29 Female	Erin	Gudenkauf	Ryan	40:36
5K 50 - 59 Female	Lori	Hunt	Dike	40:36
5K 50 - 59 Female	Denise	Akkerman	Holland	42:17
5K 40 - 49 Female	Sherry	Tuttle	Alden	42:37
5K 40 - 49 Male	Shawn	Garrington	Wellsburg	44:47
5K 30 - 39 Male	Ben	Rowe	Cedar falls	44:48
5K 50 - 59 Female	Mary	Huisman	Aplington	46:27
5K 50 - 59 Female	Denise	Weil	Marshalltown	46:27
5K 50 - 59 Female	Wendy	Brewer	Wellsburg	50:22
5K 40 - 49 Female	Melissa	VanDeest	Dike	50:23

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5K Division	First Name	Last Name	City	Time
5K 30 - 39 Female	Emily	Shelton	Hudson	54:40
5K 40 - 49 Female	Bonnie	Patrick	Waterloo	55:21
5K 50 - 59 Female	Penni	Lilleskov	Cedar Falls	55:22
5K 50 - 59 Female	Sue	Petty	Waterloo	55:23
5K 30 - 39 Female	Caren	See	Waterloo	55:23
5K 60 & Over Female	Evelyn	Haupt	Wellsburg	56:25
5K 40 - 49 Female	Marcy	Ingersoll	Wellsburg	56:25

1K Division	First Name	Last Name	City
1K 12 & Under Coed	Holland	Doepke	Waverly
1K 12 & Under Coed	Camden	Huber	Waverly