

Live Healthy Iowa - 2018 Active Index

(Rank Order)

Rank	County	LHI 10WWC	Winter Iowa Games	LHI 5K	Summer Iowa Games	Senior Games	LHI TNS	LHIK FFD	Total	County Population	Percent Participation
1	Franklin	33	5	2	33	7	4	1,950	2,034	10,007	20.33%
2	Monroe	105	64	34	49	4	58	1,178	1,492	7,452	20.02%
3	Mitchell	94	2	0	8	0	1	1,609	1,714	10,108	16.96%
4	Howard	13	1	4	8	3	1	1,473	1,503	8,877	16.93%
5	Audubon	7	0	4	5	0	3	955	974	5,782	16.85%
6	Ida	17	2	0	14	2	86	949	1,070	6,600	16.21%
7	Kossuth	159	0	5	16	1	108	1,978	2,267	14,642	15.48%
8	Greene	63	2	6	29	3	9	1,241	1,353	8,813	15.35%
9	Wright	179	2	3	49	6	10	1,644	1,893	12,369	15.30%
10	Cherokee	5	6	2	16	0	3	1,549	1,581	11,396	13.87%
11	Buena Vista	29	13	4	47	0	8	2,505	2,606	18,801	13.86%
12	Decatur	10	2	0	2	1	0	1,082	1,097	7,924	13.84%
13	Appanoose	90	16	29	24	0	21	1,455	1,635	12,075	13.54%
14	Delaware	30	36	3	12	2	10	1,933	2,026	16,627	12.19%
15	Boone	81	16	3	123	14	37	2,536	2,810	24,753	11.35%
16	Emmet	13	2	3	32	0	6	988	1,044	9,642	10.83%
17	Hardin	22	34	12	123	0	28	1,497	1,716	16,482	10.41%
18	Wayne	10	0	4	1	0	0	606	621	6,006	10.34%
19	Pocahontas	22	1	2	10	2	2	646	685	6,879	9.96%
20	Adair	16	3	3	17	0	3	671	713	7,236	9.85%
21	Dallas	193	11	83	253	16	30	5,260	5,846	60,381	9.68%
22	Louisa	7	0	2	6	0	4	1,000	1,019	10,715	9.51%
23	Washington	53	53	12	65	0	9	1,735	1,927	20,315	9.49%
24	Clay	193	0	42	47	0	36	1,150	1,468	15,584	9.42%
25	Monona	103	2	24	15	2	5	652	803	8,744	9.18%
26	Bremer	41	11	6	9	4	13	1,992	2,076	22,867	9.08%
26	Hancock	94	1	41	21	1	24	786	968	10,661	9.08%
26	Lucas	169	3	6	5	0	2	573	758	8,346	9.08%
29	Cass	77	10	4	81	9	6	993	1,180	13,035	9.05%
30	Carroll	160	6	106	176	2	63	1,214	1,727	19,359	8.92%
31	Marion	101	7	6	88	14	56	2,380	2,652	31,077	8.53%
32	Iowa	59	53	3	30	11	3	1,041	1,200	15,357	7.81%
33	Taylor	3	0	0	1	0	1	457	462	5,944	7.77%
34	Shelby	119	2	0	144	2	14	578	859	11,485	7.48%
35	Guthrie	9	1	10	17	1	2	731	771	10,341	7.46%
36	Hamilton	68	2	1	95	1	10	913	1,090	14,701	7.41%
37	Clarke	17	0	0	8	4	2	589	620	8,599	7.21%
38	Adams	16	0	3	5	0	1	248	273	3,795	7.19%
39	Polk	1,607	250	219	2,272	308	440	23,368	28,464	397,911	7.15%
40	Scott	160	152	3	63	108	22	9,589	10,097	153,988	6.56%
41	Marshall	156	5	4	143	16	18	2,112	2,454	37,762	6.50%
42	Humboldt	36	0	4	12	0	4	568	624	9,816	6.36%
42	Winneshiek	33	1	33	15	7	4	1,178	1,271	19,982	6.36%
44	Henry	94	10	5	25	9	10	999	1,152	18,977	6.07%
45	Osceola	25	0	8	10	0	5	319	367	6,061	6.06%
45	Page	7	1	5	13	4	1	878	909	15,008	6.06%
47	Crawford	44	2	17	128	0	12	693	896	15,831	5.66%
48	Grundy	84	15	11	34	2	15	494	655	11,668	5.61%
49	Pottawattamie	90	5	2	177	27	34	4,477	4,812	86,823	5.54%
50	Van Buren	23	4	2	6	0	1	325	361	7,078	5.10%
51	Jasper	125	8	18	97	13	18	1,396	1,675	34,669	4.83%
52	Story	559	78	53	1,041	62	146	2,148	4,087	84,707	4.82%
53	Dubuque	212	668	79	65	22	21	2,964	4,031	87,659	4.60%
54	Sioux	76	0	2	22	0	18	1,304	1,422	31,075	4.58%
55	Poweshiek	282	15	19	29	8	14	444	811	17,912	4.53%
56	Butler	16	5	2	13	3	12	569	620	13,886	4.46%
57	Madison	25	7	5	45	10	6	528	626	14,581	4.29%
57	Mahaska	158	29	1	37	6	46	618	895	20,859	4.29%
59	Woodbury	446	1	68	62	4	38	3,342	3,961	94,203	4.20%

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60	Palo Alto	95	0	3	56	0	15	195	364	8,837	4.12%
61	Winnebago	21	0	11	14	0	3	371	420	10,268	4.09%
62	Calhoun	23	0	5	4	1	8	316	357	9,119	3.91%
63	Obrien	96	0	5	5	0	17	391	514	13,477	3.81%
64	Chickasaw	30	1	0	3	1	4	384	423	11,618	3.64%
65	Plymouth	62	1	3	29	0	15	737	847	23,337	3.63%
66	Keokuk	34	5	1	3	2	11	302	358	9,901	3.62%
67	Lee	29	23	51	74	5	18	1,003	1,203	33,782	3.56%
68	Cerro Gordo	57	30	6	92	5	46	1,237	1,473	41,590	3.54%
69	Benton	15	22	5	16	25	3	760	846	24,433	3.46%
69	Johnson	471	97	19	243	51	64	3,308	4,253	122,767	3.46%
71	Harrison	65	13	4	58	0	11	317	468	14,002	3.34%
72	Des Moines	38	1	6	15	5	13	1,149	1,227	37,704	3.25%
73	Webster	152	6	4	104	5	33	804	1,108	35,770	3.10%
74	Jefferson	28	43	8	40	36	4	334	493	16,085	3.06%
75	Allamakee	96	1	9	1	15	0	282	404	13,384	3.02%
76	Jones	7	60	6	20	10	7	415	525	19,420	2.70%
77	Black Hawk	237	99	10	114	27	65	2,684	3,236	122,569	2.64%
77	Linn	398	437	205	333	143	100	3,580	5,196	197,074	2.64%
79	Fayette	17	5	4	9	3	0	464	502	19,627	2.56%
80	Wapello	110	184	10	46	4	13	462	829	33,274	2.49%
81	Dickinson	63	0	14	24	0	67	184	352	15,850	2.22%
82	Floyd	46	20	1	20	1	3	247	338	15,260	2.21%
83	Tama	43	40	0	46	7	1	225	362	16,647	2.17%
84	Clinton	156	72	0	20	16	1	602	867	46,022	1.88%
85	Ringgold	1	0	3	1	0	2	75	82	4,797	1.71%
86	Union	42	36	2	42	2	34	0	158	11,706	1.35%
87	Cedar	41	11	1	100	1	6	69	229	17,352	1.32%
87	Warren	122	20	12	188	39	51	138	570	43,267	1.32%
89	Jackson	66	87	6	11	0	1	30	201	18,717	1.07%
90	Davis	21	5	12	12	1	8	0	59	8,009	0.74%
91	Lyon	18	0	3	45	0	2	0	68	10,655	0.64%
92	Sac	12	3	5	13	0	18	0	51	9,750	0.52%
93	Montgomery	9	0	17	5	0	1	0	32	10,149	0.32%
94	Muscatine	40	16	1	41	5	20	0	123	39,667	0.31%
95	Worth	16	0	0	2	0	1	0	19	7,188	0.26%
96	Mills	23	0	1	8	1	1	0	34	14,095	0.24%
97	Buchanan	12	7	5	11	3	3	0	41	19,386	0.21%
98	Clayton	17	5	4	3	5	0	0	34	17,005	0.20%
99	Fremont	4	0	0	3	1	1	0	9	6,972	0.13%
	no county listed	492		1			189		682		
	out of state	450		35			77		562		
	Total	10,513	2,975	1,530	7,867	1,141	2,501	130,115	156,642	2,844,765	5.51%

County population from the U.S. Census Bureau - 2010 census (excludes residents under 5 yrs.)

Abbreviations used above:

LHI 10WWC - Live Healthy Iowa 10 Week Wellness Challenge, **LHI 5K** - Live Healthy Iowa 5K

LHI TNS - Live Healthy Iowa The Next Step Challenge, **LHIK FFD** - Live Healthy Iowa Kids Fall Fitness Day

Senior Games includes participants from the Iowa Senior Games, Winter Iowa Senior Games, Western Iowa Senior Challenge, and Eastern Iowa Senior Challenge.



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