

# Live Healthy Iowa - 2017 Active Index

(Rank Order)

Rank	County	LHI 10WWC	Winter Iowa Games	LHI 5K	Summer Iowa Games	LHI TNS	LHIK FFD	Total	County Population	Percent Participation
1	Mitchell	59	2	13	5	2	1,627	1,708	10,108	16.90%
2	Clay	303	0	53	27	74	2,172	2,629	15,584	16.87%
3	Appanoose	70	12	4	13	42	1,852	1,993	12,075	16.51%
4	Adair	37	6	2	12	11	1,062	1,130	7,236	15.62%
5	Wright	147	1	5	66	101	1,470	1,790	12,369	14.47%
6	Decatur	16	1	2	7	2	1,112	1,140	7,924	14.39%
7	Ida	45	1	0	17	15	826	904	6,600	13.70%
8	Franklin	37	11	1	41	13	1,234	1,337	10,007	13.36%
9	Howard	16	2	3	7	2	1,087	1,117	8,877	12.58%
10	Henry	101	35	4	49	82	2,042	2,313	18,977	12.19%
11	Adams	5	0	0	1	0	447	453	3,795	11.94%
12	Buena Vista	16	7	7	28	17	2,149	2,224	18,801	11.83%
13	Emmet	20	2	2	21	6	1,056	1,107	9,642	11.48%
14	Carroll	115	7	51	104	50	1,884	2,211	19,359	11.42%
15	Pocahontas	39	2	6	3	1	686	737	6,879	10.71%
16	Iowa	41	44	4	26	74	1,396	1,585	15,357	10.32%
17	Hardin	101	30	10	68	20	1,470	1,699	16,482	10.31%
18	Wayne	20	0	1	1	11	584	617	6,006	10.27%
19	Monona	147	0	44	2	3	696	892	8,744	10.20%
20	Kossuth	203	0	6	26	127	1,087	1,449	14,642	9.90%
21	Louisa	14	9	0	3	5	1,014	1,045	10,715	9.75%
22	Lucas	154	1	0	5	74	563	797	8,346	9.55%
23	Marshall	202	21	18	156	45	3,117	3,559	37,762	9.42%
24	Greene	70	2	16	28	3	690	809	8,813	9.18%
25	Cherokee	17	4	4	23	4	981	1,033	11,396	9.06%
26	Shelby	150	1	1	168	16	673	1,009	11,485	8.79%
27	Grundy	108	31	17	39	34	796	1,025	11,668	8.78%
27	Taylor	16	0	1	8	2	495	522	5,944	8.78%
29	Chickasaw	25	2	4	3	7	962	1,003	11,618	8.63%
30	Dallas	323	15	110	313	39	4,278	5,078	60,381	8.41%
31	Calhoun	29	7	8	14	4	691	753	9,119	8.26%
32	Winnieshiek	79	11	56	2	3	1,488	1,639	19,982	8.20%
33	Madison	59	2	5	62	8	1,050	1,186	14,581	8.13%
34	Audubon	58	1	2	6	0	388	455	5,782	7.87%
35	Guthrie	43	2	4	11	8	741	809	10,341	7.82%
36	Monroe	115	2	1	30	69	365	582	7,452	7.81%
37	Polk	2,236	502	280	2,817	370	24,087	30,292	397,911	7.61%
38	Buchanan	31	8	9	5	2	1,400	1,455	19,386	7.51%
39	Page	12	1	11	11	2	1,070	1,107	15,008	7.38%
40	Fremont	5	0	4	3	2	498	512	6,972	7.34%
41	Scott	179	150	8	101	18	10,791	11,247	153,988	7.30%
41	Bremer	65	17	5	17	20	1,545	1,669	22,867	7.30%
43	Humboldt	51	0	0	46	10	607	714	9,816	7.27%
44	Hamilton	64	7	6	102	17	859	1,055	14,701	7.18%
45	Palo Alto	143	1	7	64	22	394	631	8,837	7.14%
46	Clinton	205	81	35	24	31	2,841	3,217	46,022	6.99%

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47	Harrison	93	7	3	62	2	793	960	14,002	6.86%
48	Osceola	34	2	14	15	4	342	411	6,061	6.78%
49	Delaware	39	45	4	6	10	983	1,087	16,627	6.54%
50	Dubuque	384	641	16	37	78	3,562	4,718	87,659	5.38%
51	Van Buren	52	2	4	1	3	318	380	7,078	5.37%
52	Clayton	50	12	6	3	2	821	894	17,005	5.26%
53	Jasper	158	4	15	183	21	1,409	1,790	34,669	5.16%
54	Poweshiek	322	14	28	18	76	459	917	17,912	5.12%
55	Story	608	90	95	1,608	107	1,717	4,225	84,707	4.99%
56	Sac	23	2	6	17	10	406	464	9,750	4.76%
57	Allamakee	201	1	12	2	1	407	624	13,384	4.66%
58	Webster	217	12	11	110	46	1,240	1,636	35,770	4.57%
59	Mahaska	192	7	4	42	72	632	949	20,859	4.55%
60	Pottawattamie	140	9	2	172	47	3,553	3,923	86,823	4.52%
61	Hancock	69	2	27	17	17	345	477	10,661	4.47%
62	Fayette	25	5	3	4	0	822	859	19,627	4.38%
63	Washington	80	34	2	50	9	710	885	20,315	4.36%
64	Warren	160	33	10	213	25	1,439	1,880	43,267	4.35%
65	Boone	91	21	11	185	17	746	1,071	24,753	4.33%
66	Crawford	48	4	9	121	11	411	604	15,831	3.82%
67	Keokuk	40	3	2	4	15	306	370	9,901	3.74%
68	Lee	22	3	69	66	26	1,019	1,205	33,782	3.57%
69	Wapello	171	145	7	49	25	784	1,181	33,274	3.55%
70	Butler	43	6	6	24	11	399	489	13,886	3.52%
71	Woodbury	742	1	67	96	61	2,227	3,194	94,203	3.39%
72	Johnson	688	124	22	276	112	2,906	4,128	122,767	3.36%
73	Jefferson	37	55	14	37	10	351	504	16,085	3.13%
74	Winnebago	31	2	7	27	3	246	316	10,268	3.08%
75	Black Hawk	419	116	32	135	84	2,944	3,730	122,569	3.04%
76	Cass	93	11	3	33	22	231	393	13,035	3.01%
77	Clarke	34	0	1	15	4	195	249	8,599	2.90%
78	Cerro Gordo	94	22	9	73	73	815	1,086	41,590	2.61%
79	Linn	599	306	243	359	78	3,530	5,115	197,074	2.60%
80	Benton	29	17	16	27	8	488	585	24,433	2.39%
81	Dickinson	107	0	9	12	56	191	375	15,850	2.37%
82	Floyd	50	5	14	29	7	232	337	15,260	2.21%
83	Tama	50	9	4	31	12	250	356	16,647	2.14%
84	Marion	144	9	6	54	35	336	584	31,077	1.88%
85	Plymouth	90	4	12	19	22	289	436	23,337	1.87%
86	Union	37	35	8	56	27	40	203	11,706	1.73%
87	Cedar	61	24	2	77	28	79	271	17,352	1.56%
88	Obrien	88	0	2	6	4	90	190	13,477	1.41%
89	Muscatine	88	49	0	73	54	268	532	39,667	1.34%
89	Jackson	73	38	5	1	13	120	250	18,717	1.34%
91	Jones	49	23	4	17	10	96	199	19,420	1.02%
92	Davis	38	3	19	5	14	0	79	8,009	0.99%

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93	Lyon	22	2	2	57	0	0	83	10,655	0.78%
94	Sioux	165	0	1	3	22	50	241	31,075	0.78%
95	Mills	39	0	7	30	11	0	87	14,095	0.62%
96	Montgomery	26	0	13	5	8	0	52	10,149	0.51%
97	Ringgold	8	1	2	0	1	10	22	4,797	0.46%
98	Worth	16	1	2	7	6	0	32	7,188	0.45%
99	Des Moines	50	5	6	33	14	25	133	37,704	0.35%
	no county listed	1,060				400		1,460		
	out of state	619	278	13		75		985		
	<b>Total</b>	14,899	3,285	1,741	9,187	3,377	127,955	61,423	2,844,765	4.76%

County population from the U.S. Census Bureau - 2010 census (excludes residents under 5 yrs.)

Abbreviations used above:

LHI 10WWC - Live Healthy Iowa 10 Week Wellness Challenge, LHI 5K - Live Healthy Iowa 5K

LHI TNS - Live Healthy Iowa The Next Step Challenge, LHIK FFD - Live Healthy Iowa Kids Fall Fitness Day

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